# RESTORING THE MINISTRIES

Endorsements

About In the Wildflowers:

In the Wildflowers is a 10-part DVD series with accompanying curriculum targeted to those who wish to facilitate a group of people who have experienced the pain of childhood sexual abuse. Each of the ten videos will feature a Christian counseling professional who will focus on a particular stage in the healing process as well as the visual storytelling of Julie Woodley and other women's personal journeys.

"In the Wildflowers is a long-needed project that will provide comfort and hope to many who have experienced childhood sexual abuse ... many who have struggled alone will find healing for long buried wounds as they work their way through this well-done work. " - *Dr. Diane Langberg*

"In the Wildflowers offers the profound wisdom and insight of a vast array of Christian counselors ... One cannot help

## Miracles Happening in the Wildflowers

This past July as I walked into church I noticed a woman who timidly approached the church doors. I approached her gently, giving her my name and asking if she had been to our church before. She shyly told me, "Hi, my name is "Judy "and, no, I've never been to this church before." When I asked her what caused her to come, she lowered her eyes and whispered, "Four months ago my twenty-one year old son committed suicide. I'm in so much pain right now that I started flipping through the Yellow Pages to find a church. I just thought that maybe God might have some answers for why this happened and how to relieve my pain."

Obviously, by this time I was paying attention to her story. I told her that I was a trauma counselor and that I'd love to hear more about her story. With tears streaming down her face, she said, "Would you please help me? I'm falling apart. I miss my son so much! Can you help? What kind of trauma do you deal with?"

RTHM Logo

"I work with all types of trauma," I said, "but I specialize with childhood sexual abuse."

"Julie," she said softly, "Not only am I dealing with my son's suicide but I was also sexually abused. Could you help me with that too?"

Fortunately, I was able to tell her that we were just starting a retreat to help women heal from all types of trauma, especially the trauma of childhood sexual abuse. Judy, I said, "I know we just met but I would love to walk beside you as you grieve these deep wounds. We're starting in two weeks and we just happen to have one more opening." When I told her the exact beginning date for our retreat, Judy looked shocked.

After a taking a deep breath, she said, "Julie, you may not believe this, but that day is my son's birthday. You know, I had no idea how to pray so I asked God what I could do on my son's birthday to ease some of this incredible pain and now I know: I'll be there for this group. Wow! I thought prayer would work, but I had no idea that it would work this fast!"

I knew she didn't have much money so I went to the church and they helped

but be moved to the depths by the brave women who share their captivating stories. Watching this series promises to be a holy and healing experience."
*- Christopher West, Theology of the Body Institute*

"I highly recommend this curriculum primarily for victims of sexual abuse, but also for the therapists, family members and other loved ones who want to be better equipped to become a part of the healing process of these daughters and sons of God."
*- Paul Meier, M.D., founder of non-profit Meier Clinics*

"I love Julie Woodley's heart, and her desire to see hearts restored in the love of God. I think she brings a compassion, understanding and experience to these issues that women really need." *- John Eldredge, author and speaker*

### Quick Links

Into My Arms Project
Online Store
How you can Help

### Sponsor a Woman

We have many women coming to us requesting sponsorship to go through the Wildflower's Retreat. We just don't have the funds to cover so many- rooms/meals etc. Would you consider sponsoring a young girl/woman to go through the project? The retreat in Connecticut is $597.00 per

sponsor her to attend our In the Wildflower's retreat.

That weekend we saw miracle after miracle as Judy began to slowly open up her traumatic past. On Friday she asked how she could become a Christian! As she prayed and received Christ,-the entire room of women wept for joy. On Saturday, after sharing feelings of sorrow connected with childhood sexual abuse and feelings of guilt and shame connected with her abortions, she received deep forgiveness. Finally, on Sunday morning we planned a memorial service for her son Jonathan. Through his own tears, the priest at the retreat center shared Scripture and his own beautiful and tender words. Then all twenty-four of us waded into the water as we spread Jonathon's ashes into the ocean. As my friend Janelle sang, my co-worker and I held her as she wept. When we turned around we saw the rest of the women surround us in the water, weeping and hugging and rejoicing over our new sister in Christ.

This was one of the holiest moments I've ever experienced in my life. The women put their money together and bought a beautiful memorial stone with Jonathon's name, birthday and words from his mother. When Judy left the retreat that weekend she told me, "Julie, so much has happened to me: it's like I've died and come back to life again. And now I'm alive to Jesus in a way that I never thought possible. WOW!"

Judy has become a dear friend. We get together-to cry and celebrate life together. She has also grown close to many of our "Wildflower women." She is coming through the group again during our next 10-week session.

This is just one story of the miracles we've seen with the In the Wildflower's series. When we walk people through his series we feel like we are walking on HOLY GROUND! Please send people and come yourself as you watch miracles unfold!

"Judy", not her real name.

## "In the Wildflowers Facilitator/Participant Training Retreat

**Thursday, March 5th to Sunday, March 8th**
St. Edmund's Retreat Center, Enders Island, Mystic, CT
(arrive the evening of the 5th, depart at 5pm on the 8th)
Cost: 3 days-meals & lodging $597.00

**Trainers:** Julie Woodley, MS, Counseling & Jim DeMar, Ph.D., LCSW

Wildflower Curriculum Participant and Facilitator workbooks included
All participants who purchase the Wildflower Kit at either training:
(10 DVD's, One 3-topic bonus DVD, 1 Participants workbook , 1 Facilitators workbook) will receive a 20% discount on training and a $20.00 discount toward kit: $229.00

To Register for a training go to our web site or send your check to:
Restoring the Heart Ministries
PO Box 2772

person, ANYTHING you can give would help. We now have a number of girls going through that have been sexually abused in Christian Schools or Churches- they desperately need your help to heal! Thank for being part of their healing! -*Julie* .

Setauket, NY 11733
Space is limited. Registration is on a first come, first served basis.

Thursday, June 4th to Sunday, June 8th
(arrive the evening of the 4th, depart at 5pm on the 8th)
Bon Secours Spiritual Center, 1525 Marriotsville Road, Marriotsville, MD
Cost 3 days-meals and lodging $699.00

Please click the arrow to be taken to the Restoring The Heart Web site and see the promotional DVD

## "In the Wildflowers" Group

For women who have suffered the trauma of childhood sexual abuse.

"In the Wildflowers is a ten-part DVD series with accompanying curriculum to be used in a group or individual setting.

Objectives:

- To offer victims of sexual abuse hope for their own healing through the visual storytelling of Julie Woodley and the personal journeys of five other women
- To eliminate feelings of isolation and to create a safe environment for healing, by allowing the viewer to witness a similar community working

toward healing.

- To lead the viewer to the Biblical understanding and acceptance of God's total and unconditional love and forgiveness.

Essence Statement:
Restoring the Heart Ministries, Inc. exists to share the truth and healing power of Jesus to those who are broken by various traumas.
RTHM is a non-profit organization.
To inquire about the ministry, and "In The Wildflowers, " visit our website at www.rthm.cc, email us at wildflower636@aol.com or call 631.689.6686.

Facilitators: Julie Woodley, MS, & Dr. Jim DeMar

The 10-week group meetings will begin on:

- Date: February 16, 2009
- Time: 7:00 PM
- Place: St. Joseph's Prayer Center
  312 Maple Avenue
  Patchogue, NY 11772
- Cost: $25.00 per week plus $15.00 for workbook

If you are interesting in becoming a part of this group,
please call : 631-689-6686

## Wildflower Experiences

Here is what some Wildflowers have shared about their experience going through the "In the Wildflower" project:

"Experiencing healing amidst the love of Christ that is evident in the group of women"

"Embracing the pain, identifying the beliefs about myself and having the Lord meet me there in those painful beliefs; experiencing the truth from Jesus about those beliefs; and knowing His absolute peace immediately. The painful lie no longer exists!!! That can only come from Jesus!"

"Being with other people who have had similar traumas in their lives and knowing you are being totally understood, validated and safe to move deeper into that pain so Jesus can bring truth, healing and freedom like nothing in the world can do."

"For the first time in my life I felt safe."

"Group support and the transparency helped me to open up and share secrets I have never shared before."